

# 基督教宣道會錦綉幼稚園通告(第20/21-035號)

## 「陽光笑容新一代」家校護齒活動

敬啟者：

本校將於 3/2021-5/2021 舉行由「衛生署口腔健康教育組」主辦為期十二週的「陽光笑容新一代」家校護齒活動，藉以培養口腔護理習慣，提升孩子自理能力，詳情如下：

目標：

- 1) 培養孩子自理能力：讓孩子每天起床、睡前用兒童牙刷及使用含氟化物兒童牙膏刷牙。
- 2) 鼓勵家長參與親子活動：家長或家中成人每晚替孩子補刷牙齒一次。
- 3) 鼓勵孩子養成有規律的飲食習慣：鼓勵孩子除正餐外，並提醒他們不要頻密吃喝，以減低患上蛀牙的機會。

活動日期：

2021 年 3 月 8 日(星期一)至 2021 年 5 月 30 日(星期日)(為期十二個星期)

活動內容：

1. 請觀看網上護齒動畫及電子圖書學習護齒知識 護齒動畫連結：  
[https://www.youtube.com/playlist?list=PLF0nHVcEsdZ9q6pX9T\\_iWt0t61sts7E8U](https://www.youtube.com/playlist?list=PLF0nHVcEsdZ9q6pX9T_iWt0t61sts7E8U)
2. 請家長每天在學生護齒記錄手冊上記錄，填上「✓」及簽名，並逢星期一交回學校記錄，老師將於翌日派回。
3. 使用貼紙及靜電貼，貼在浴室鏡面上，提醒家長每晚替孩子補刷牙齒，建立良好的護齒習慣
4. 鼓勵參與 3 月 20 日「世界口腔健康日」心意卡送贈活動
5. 在整個活動結束後，請於 2021 年 5 月 31 日把記錄冊交回班主任，教師將按活動準則以蓋印方式記錄在學校的「龍虎榜」上。
6. 如孩子於十二個星期內完成三項任務，可獲獎品一份作獎勵，鼓勵家長及孩子積極參與。

家長如對上述活動有任何查詢，可致電本校 2471 6461 校務處職員，謝謝！

此致

幼稚園家長

基督教宣道會錦綉幼稚園



校長： 林琮美 啟  
林琮美

2021 年 3 月 8 日

回 條

敬覆者：

本人已得悉通告第 20/21-035 號之「陽光笑容新一代」家校護齒活動內容。

此 覆

基督教宣道會錦綉幼稚園

學生姓名：\_\_\_\_\_ 班 別：\_\_\_\_\_

家長簽署：\_\_\_\_\_ 日 期：\_\_\_\_\_

# C. & M. A. Fairview Park Kindergarten Notice(20/21-035)

## 'Brighter Smiles for the New Generation' oral care activity

March 8, 2021

Dear Parents :

Our school will hold a 12-week "Sunshine Smile New Generation" home-school tooth care activity organized by the "Oral Health Education Section of the Department of Health" on 3/2021-5/2021 to cultivate oral care habits and enhance children's ability to take care of themselves. Details as follows:

Aims:

- 1) Cultivate children's ability to take care of themselves: Let children get up every day, use children's toothbrushes before going to bed and use children's toothpaste containing fluoride to brush their teeth.
- 2) Encourage parents to participate in parent-child activities: Parents or adults in the family brush their children's teeth once a night.
- 3) Encourage children to develop regular eating habits: Encourage children in addition to regular meals and remind them not to eat and drink frequently to reduce the chance of tooth decay.

Activity date:

March 8, 2021 (Monday) to May 30, 2021 (Sunday) (twelve weeks)



Activity details:

1. Watch the Oral Care Animation and read the Online Picture Books to learn oral care knowledge Oral Care Animation linkage : [https://www.youtube.com/playlist?list=PLF0nHVcEsdZ9q6pX9T\\_iWt0t61sts7E8U](https://www.youtube.com/playlist?list=PLF0nHVcEsdZ9q6pX9T_iWt0t61sts7E8U)
2. Fill in the Tooth brushing and Smart Diet Record sheets and hand in to teachers every week.
3. To stick on bathroom mirror to remind parents of supplementary tooth brushing for their children every night
4. Encourage participation in the "World Oral Health Day" card donation activity on March 20.
5. After the whole activity is over, please return the record book to the teacher on May 31, 2021. The teacher will record it on the schools "Dragon and Tiger List" and stamp it according to the activity guide.
6. Gifts will be awarded to children who completed all 3 tasks.

If parents have any questions, please call our school at 2471 6461, thank you!



Yours sincerely,

*Helen Lam*  
Lam King Mei Helen  
The Principal



Reply slip

To: C. & M. A. Fairview Park Kindergarten

This is to acknowledge receipt of the circular 20/21-035.

Student's Name: \_\_\_\_\_ Class: \_\_\_\_\_

Parent's Signature: \_\_\_\_\_ Date: \_\_\_\_\_